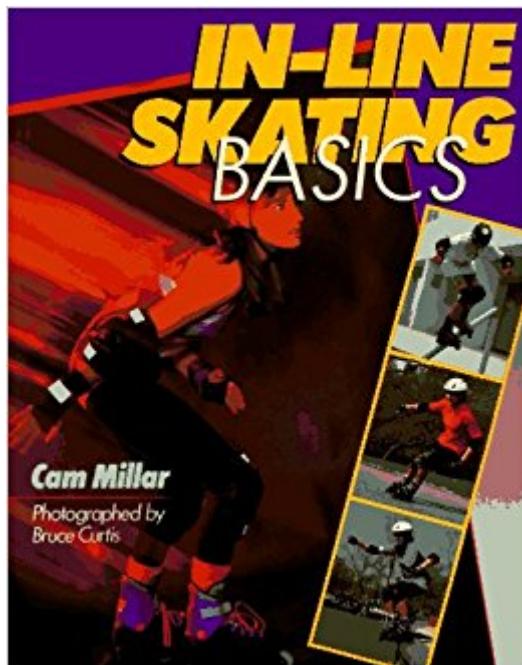


The book was found

In-Line Skating Basics



Synopsis

Packed with photos, this unique, handy guide by a top coach can help anyone join in the action. The sequential approach presented here provides a sound base of balance and stay-in-shape technique that prepares you for all forms of more advanced in-line skating, like roller hockey and dancing. Find out how to choose the right pair of skates and appropriate protective gear, and then get ready to roll! 96 pages (all in color), 8 x 10.

Book Information

Age Range: 9 and up

Paperback: 96 pages

Publisher: Sterling (December 31, 1996)

Language: English

ISBN-10: 080693851X

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Product Dimensions: 10 x 8.1 x 0.3 inches

Shipping Weight: 8.8 ounces

Average Customer Review: 4.5 out of 5 starsÂ [See all reviewsÂ](#) (4 customer reviews)

Best Sellers Rank: #4,822,448 in Books (See Top 100 in Books) #97 inÂ Books > Sports & Outdoors > Individual Sports > Rollerskating & Rollerblading #13278 inÂ Books > Children's Books > Sports & Outdoors #40897 inÂ Books > Children's Books > Activities, Crafts & Games

Customer Reviews

This a real wonderful book with sequence colour pictures for all the basic movements. It's a joy to read this book. There is nothing else in this book really, just techniques and techniques. It's pure skating.

Good book for the beginner. Lots of pictures. Reviews various techniques. Would like to have more explanation at times.

This book is about basic technique. The picture sequences are very good and show exactly how to execute these basic techniques. Although the descriptions are not very involved, the photos make it clear what the authors are trying to teach. This is a good companion to Get Rolling by Liz Miller.

satisfied

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In-Line Skater's Start-Up: A Beginner's Guide to In-Line Skating and Roller Hockey (Start-Up Sports series) In-Line Skating Basics Eileen Peerless Power Skating Method: The Art of Technique Applied to Hockey Skating In Line Skating Advanced In-Line Skating Trademark License Agreements Line by Line: A Detailed Look at Trademark License Agreements and How to Change Them to Meet Your Needs Learn Command Line and Batch Script Fast, Vol II: A course from the basics of Windows to the edge of networking Learn Command Line and Batch Script Fast, Vol I: A course from the basics of Windows to the edge of networking Learn Command Line and Batch Script Fast, Vol III: A course from the basics of Windows to the edge of networking Skating on the Edge: A Memoir and Journey through a Metamorphosis of the CIA Skating on Stilts: Why We Aren't Stopping Tomorrow's Terrorism (Hoover Institution Press Publication) Laura Stamm's Power Skating Power Skating: A Pro Coach's Secrets Conditioning for Figure Skating: Off-Ice Techniques for On-Ice Performance Laura Stamm's Power Skating - 4th Edition Laura Stamm's Power Skating Book-4th Edition/DVD Package Skate Crazy: Amazing Graphics from the Golden Age of Roller Skating Skating Forward Culture on Ice: Figure Skating & Cultural Meaning Inline skating in contemporary sport

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